

# **SOCIAL SKILLS**

How to Improve My Child's  
Social Skills?

**A** Role Play

**B** Modeling

**C** Social groups

**D** Sharing

Answer: All of the above!



# **ROLE PLAY**

How will role playing  
improve my child's social  
skills?

**By role playing, children can look at  
different point of views, emotions,  
and social situations.**



# **MODELING**

How will modeling improve  
my child's social skills?

**Modeling good behavior will provide  
your child with tangible examples of  
how to imitate expected behaviors.**



# **SOCIAL GROUPS**

How will social groups  
improve my child's social  
skills?

**Social groups like Chat n Chew  
provides increased opportunities for  
social interaction!**



# **SHARING**

How will sharing improve  
my child's social skills?

**Sharing is an important foundational  
skill. It helps children develop  
empathy and consideration for  
others!**



# TIPS FOR IMPROVING SOCIAL SKILLS

## EYE CONTACT

Maintaining eye contact while in a conversation shows someone that you are paying attention and interested in the conversation.

## GOOD LISTENER

Listen to understand what others are saying, not just to give an answer!

## SMALL TALK

Mastering small talk is a foundational skill that will lead to stronger relationships.

## BODY LANGUAGE

Be mindful of your body language. Make sure your body language is friendly and open. For example, smiling or sitting in a relaxed position.

## ASSERTIVENESS

Express your opinions or feelings in a clear and respectful manner.





# TIPS & TRICKS FOR GOOD COMMUNICATION

## Eye Contact

Look at your audience while speaking.



## Volume

Ensure you be can heard from the back of the room.



## Articulation

Pronounce your words clearly.



## Pace

Speak slowly and pause with punctuation.



## Gestures

Use your face, body and hands to add interest.

